

# Friday Flier

October 14, 2022



## Upcoming Events

### Vision Screenings 10/18

Vision to Learn will be performing free of charge screenings on Tuesday 10/18. If you'd like to opt out, please be sure to turn in the opt out form by Monday 10/17.

### Open House for Prospective Families 10/20

Know of a family who would like to join All Souls next year? Email Mr. Velasquez  
bvelasquez@allsoulsla.org!

### Picture Day Makeup 10/21

Email Mr. Velasquez for more info!

### Spooky Jam Fit 10/27

6:30pm @ Burke Heritage Park, 1550 Alhambra Road  
Wear your Halloween costume, do some breathing exercises, and have a blast at this high energy dance class. For more information please reach out to  
hlc.allsouls@gmail.com.

### Halloween Parade 10/31 Assembly @ 8:30

### Dia de los Muertos Altars 11/1

Parents welcome to visit our Altars on 11/1 from 3:30 - 5:15p.m.

### All Souls' Day Mass 11/2 @ 12:00p.m.

## Principals' Corner

All Souls Family, thank you for a wonderful week and for your participation in this year's Bubble Run! We'll have the official tally of funds raised soon, but for now- know that your contribution makes All Souls possible! We mean this not only about your gifts of time, talent, and treasure, but YOU yourselves are a contribution to our school community - thank you!

As we move into next week, we look forward to Halloween, All Souls Day Mass, and our celebration of Dia de los Muertos! As we step into the season, let's take the opportunity for a moment of pause, and reflect on the wonderful gifts we all have been given, and those which we can offer ourselves!

A few practical reminders - for the safety of our students, please do not park in the red on Electric during drop off or pickup. There have been a few reported near misses recently due to obscured vision. Also, if your child has a walking home form, but will be picked up, we ask that they remain on campus rather than wait for pickup on electric avenue. Thank you for your understanding!

## Vision to Learn Screenings

Vision to Learn is an organization that provides free of charge vision screenings and glasses for all students. They will be performing screenings at All Souls on **Tuesday, October 18th**. Screenings are non-invasive, and take approximately 10 seconds. If you would like to opt out of this screening, please return the opt out form (sent via SchoolSpeak) to the front office by this **Monday**.

If you have any questions or concerns, please contact Dr. Allison

# WELLNESS CORNER

"Suppose for a moment that vital, expressive energy flows everywhere, that it is the medium for the existence of life, and that any block to participating in that vitality lies within ourselves."

Rosamund & Ben Zander, *The Art of Possibility*



## THE WORD

### Sacred Silence



Anyone watch the Netflix documentary about Infinity? Something about watching that made me remember a feeling that comes to me from time to time, that of being small. Somehow in that feeling, I found myself also recognizing deeply the things that are truly important. When scaled against the immensity of the universe, the only thing larger I could see was Love itself.

The Liturgy of the Hours, or the Breviary, is an ancient prayer rooted in scripture. While the Mass is the highest form of prayer, the Liturgy of the Hours can be seen as an extension of the Mass - it is part of the "going out into the world" the, *Ite, Missa Est!* that we are called to. This form of prayer reminds us continually of the sacredness, and the finitude, of our time, and focuses us throughout the day on what is really important. One piece of this prayer, after the reading of scripture that I feel is especially difficult is the "sacred silence", a time of silent reflection after the reading of scripture. This is perhaps the most important time in the prayer, because it is only through our silence that we can hear the still small voice of God calling us home.